GlyKopeel® is a dermatological, chemical, superficial and complete anti-aging peeling which visibly improve the cutaneous appearance and without any side effects.
It is specially indicated to treat:

- wrinkles
- loss of elasticity
- lack of radiance
- hyper pigmentation
- microkystic acne
- skin irregularities
GLYKOPeel®

POLY-ACTIVE

FORMULA
GLYKOPEEL®

The Glykopeel is formulated at concentration proven to provide maximum delivery of active ingredients:

18 ACTIVE INGREDIENTS

FOR AN IMMEDIATE EFFICIENCY & A PROGRESSIVE ACTION
on skin radiance & smoothness

On wrinkles and uneven pigmentation
This unique and complete formulation enables a high efficiency in 4 actions:

**IMMEDIATE**

**EXFOLIATION**
Glycolic acid

**PROTECTION**
White mulberry, brown algea, glycerin

**PROGRESSIVE**

**STIMULATION**
Vitamins A, C, E

**CORRECTION**
Kojic acid, bearberry
GLYKOPEEL®

EXFOLATION

Glycolic acid
Alpha hydroxylated acid (AHA),
Buffered pH = highest level of safety
Decrease cohesion of the corneocytes
Stimulate the kinetic of the epidermis
Comedolytic agent
Enable a better penetration of the other ingredients

Propylen glycol
Ensure a uniform penetration
GLYKOPEEL®

PROTECTION

White mulberry (*Morus alba*)
*Japanese plant origin*

Anti-inflammatory - Anti-oxydant - Micro capillo-protection

Brown algea, Vitamin B (d-panthenol), Allantoin, Glycyrrhetinic acid
Anti-allergic – Anti-inflammatory – Soothing action

Glycerol
*Chery extract*
Moisturizing agent
GLYKOPEEL®

STIMULATION

**Vitamin A**
Stimulate and regulates the growth of the epithelial cells
Reduce cutaneous roughness

**Vitamin C**
Stimulate the fibroblasts’ metabolism: increase by 8 the production of collagen I
Powerfull inhibitor of dopamin (responsible for uneven pigmentation)

**Vitamin E**
Promotes the epidermis revitalisation and cynetics
Protects the membrane structures of the cells

Anti-oxidant
GLYKOPEEL®

CORRECTIONS : UNEVEN PIGMENTATION

Kojik acid

*Mushrooms biotechnological extract* (*Aspergillus oryzae*).
Reducing the synthesis of melanin by inhibiting the activity and the synthesis of tyrosinase.

Bearberry

*Bearberry leaves contain* Arbutine giving *after hydrolysis*:
hydroquinone, flavonoïds, malic acid, citric acid.
Action on the melanogenesis by inhibiting the tyrosinases activity.
GLYKOPEEL®

THE ONLY 4 STEP PEEL
The Glykopeel program is the only peeling in 4 steps, for a complete anti-ageing treatment, easy to carry out:

1- **PREPEEL / 60ml bottle**
   purification & preparation to peeling

2- **PEELING / 60ml bottle**
   exfoliation, stimulation, correction, protection

3- **POSTPEEL / 125ml bottle**
   neutralisation & hydration

3- **MIST / 50ml spray**
   anti-inflammatory & anti-ageing repairing action
The Glykopeel program is the only peeling with a sequential variation of Ph for a full safety.

1- **PREPEEL / pH 4,5**  
   lower progressively the pH of the skin

2- **PEELING / pH 0,8 -2**  
   destroy dead corneocytes links

3- **POSTPEEL / pH 8**  
   stop the action of the glycolic acid

3- **MIST / pH 6,5**  
   restore natural skin pH
GLYKOPEEL®

Glykopeel kit enables to perform 30 peelings. The kits are comprehensive for practionners convenience and patients safety:

- PREPEEEL
- PEELING
- POSTPEEL
- MIST

+ 25 single use applicators
+ 1 dosing cup
+ 11 languages’ instruction for use
**MELANOGENESIS PATHWAY**

**BEFORE MELANIN SYNTHESIS**
- **ENDOPLASMIC RETICULUM**
  - Smooth ER
  - Rough ER
  - Nuclear envelope

**DURING MELANIN SYNTHESIS**
- **GLYCOSYLATION INHIBITION**
  - T
- **TRANSCRIPTION INHIBITORS**
- **GOLGI COMPLEX**
- **MATURE MELANOSOMES**

**AFTER MELANIN SYNTHESIS**
- **MELANOSOME TRANSFER INHIBITION**
  - Niacinamide
- **MELANIN DISPERSION**
- **ACCELERATION OF SKIN TURNOVER**
  - Glycolic acid

**MELANOSOME STRUCTURE & FUNCTION ALTERATION (and gene transcription)**
- Retinoids
- Vitamin A

**ANTIT-INFLAMMATORY**
- Glycyrrhetic acid

**TYROSINASE INHIBITION**
- Kojic acid
- Arbutin
- Ascorbic acid
- White Mulberry

**ROS SCAVENGERS**
- Ascorbic acid (Vit C)
- α-tocopherol (Vit E)

**REDUCTION AGENTS**
- *PEROXIDASE INHIBITION*
- *LIPIDS*
GLYCOLIC ACID

Pure, stabilised pH = **safety + efficiency.** Major exfoliant ⇒ ↓ cohesin of the corneocytes. Comedolytic agent. Small size ⇒ penetrate the dermis. Stimulates the fibroblasts.

↑ the synthesis of collagen, elastin, GAGs. Stimulates the kinetic of the epidermis. Better transcutaneous penetration of ingredients.


* Claudia C, Peris K, Onorati MT, Fargnoli MC, Chimenti S (1999) The Use of Chemical Peelings in the Treatment of Different Cutaneous Hyperpigmentations Dermatologic Surgery 25 (6), 450–454. Complete regression of diffuse melasma was observed in 6 of 20 patients (30%), a partial regression in 12 of 20 patients (60%), and no regression in 2 of 20 patients (10%) treated with 50% glycolic acid and 10% kojic acid.


*Yuri Okano, Yumiko Abe, Hitoshi Masaki, Uma Santhanam, Masamitsu Ichihashi, Yoko Funasaka (2003) Biological effects of glycolic acid on dermal matrix metabolism mediated by dermal fibroblasts and epidermal keratinocytes. Experimental Dermatology 12 (s2), 57–63

KOJIC ACID
Powerful depigmenting agent. Reducing the synthesis of melanin by inhibiting the activity and the synthesis of tyrosinase. A natural molecule produced by certain mushrooms. 5% concentration.


Research has shown it both in-vitro and in-vivo and also in animal studies that kojic acid is effective for inhibiting melanin production naturally and effectively. Sources (Analytical Biochemistry, June 2002, pages 260–268; Cellular Signaling, American Journal of Clinical Dermatology, September-October 2000, pages 261–268; Archives of Pharmacal Research, August 2001, pages 307–311).
BEARBERRY EXTRACT

Bearberry leaves contain Arbutine giving after hydrolysis: hydroquinonE, flavonoïds, malic acid and citric acid.

Action on the melanogenesis by inhibiting the tyrosinases activity.


*Bearberry Extract: A Multifunctional Skin Lightening Active The inhibition curve shows that Bearberry Extract inhibits melanogenesis in vitro even at very low concentrations. Bearberry Extract can therefore be considered as a very effective tyrosinase inhibitor. At a dose of 0.01% Bearberry Extract inhibited tyrosinase in the chosen test system to 34%, at 0.03% to 46%, at 0.1% to 77%, at 0.3% to 91%, and at 1.0% a total inhibition was observed.


White Mulberry

Japanese plant origin. Anti-inflammatory. Inhibition effect of the tyrosinase (= depigmenting). Anti-oxydant effect. Capillo-protection effect. Stimulate the collagen synthesis. Dynamise cellular activity. Dried mulberry (Morus alba) leaves have been shown to inhibit tyrosinase activity. Mulberroside F (moracin M-6, 3’-di-O-beta-D-glucopyranoside), the active component, showed inhibitory effects on tyrosinase activity and on melanin formation in melan-a cells. This compound also exhibited superoxide scavenging activity that is involved in the protection against auto-oxidation, suggesting a role for Morus alba as a component of lightening cosmetics.


VITAMIN A

One of the most powerful anti-aging agent. Stimulate the cell renewal. Regulates the growth and the activity of the epithelial cells. Improve dry skins. Reduce cutaneous roughnesses


* Kafi et al. (2007)Improvement of Naturally Aged Skin With Vitamin A (Retinol)Arch Dermatol ;143:606-612.


VITAMIN C

Stimulate the cutaneous cellular metabolism. Powerful anti-oxidant.

Lightening action: inhibits the self-oxydation of dopa into dopamin


* Farris Patricia K. MD (2005) Topical Vitamin C: A Useful Agent for Treating Photoaging and Other Dermatologic Conditions Dermatologic Surgery 31 (s1) , 814–818


VITAMIN E
Anti-oxidant. Protects the membrane structures of cells. Promotes the epidermis revitalisation. Reduces cutaneous inflammations


*Shimizu K et al. (2001) Novel vitamin E derivative with 4-substituted resorcinol moiety has both antioxidant and tyrosinase inhibitory properties. Lipids 36, 1321-1326.


ARBUTIN


GLYKOPEEL®

LOWER pH
ALWAYS BUFFERED
GLYKOPEEL®

Glykopeel is a range of 4 kits,

- **Glykopeel 20%** - pH 2.0 for beauty therapists
- **Glykopeel 50%** - pH 1.8 for beauty therapist and medical practitioners
- **Glykopeel 70%** - pH 1.6 exclusively for medical practitioners

**NEW**

- **Glykopeel 70% MAX** - pH 0.8
  - intensity of a free pH
  - + safety of a buffered pH

NEW = LOWER pH
GLYKOPEEL®

A GLYCOLIC CONCENTRATION FOR EACH INDICATION & SKIN TYPE

**Glykopeel 50% - pH 1.8**
- => sensitive skins & starters

**Glykopeel 70% - pH 1.6**
- => tolerant skins & skin used to peelings

**Glykopeel 70% MAX - pH 0.8**
- => tolerant skins – not before injections
GLYKOPEEL®

PROTOCOL & RESULTS
GLYKOPEEL®

The Glykopeel program can be carried out every 5 to 7 days 4 to 6 times depending on the indication twice a year

It’s a 5 to 10 minutes treatment quick, safe, easy
GLYKOPEEL®

STEP 1 = 1’
PREPEEL
purification & preparation to peeling

After a deep make-up removal apply the PREPEEL on the whole face, neck and decolleté.

Glycolic Acid
Kojic Acid
Lipoaminoacid
Camomilla
Hamamelis
Glycyrrhizic Acid
After protecting sensitive areas, apply the PEELING and leave it on from 2 to 5 minutes. => Watch the skin very carefully.

Glycolic Acid
Kojic Acid
White Mulberry
Mulberry
Vitamin A
Vitamin C
Vitamin E
Neutralize with 4 soaked up compresses, using each side, to stop the action of the glycolic acid

Glycerol
Bicarbonate of sodium
GLYKOEEL®

STEP 4 = 1’
MIST
anti-inflammatory & anti-ageing repairing action

Spray the MIST over the face after asking the patient to close his eyes. Perform a light massage.

- Purified seawater
- Brown algae oligo salts
- Chitin and Keratosulfat from the sea
- Anti-inflammatory complex
- Hydrating complex
GLYKOPEEL®

IMMEDIATE AND PROGRESSIVE VISIBLE RESULTS

* PERFECT COMPLEMENT TO THE INJECTIONS IN THE SAME SESSION

LABORATOIRES FILORGA PARIS
<table>
<thead>
<tr>
<th><strong>PREPARATION PERIOD</strong></th>
<th><strong>PEELING PERIOD</strong></th>
<th><strong>POST PEEL PERIOD</strong></th>
<th><strong>SPECIALIZED PEEL</strong></th>
<th><strong>OTHER HIGHLY RECOMMENDED HOME CARE</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Revitalizing</em></td>
<td><em>Anti-Ageing</em></td>
<td><em>Acne</em></td>
<td><em>Acne scars</em></td>
<td><em>Pigmentation</em></td>
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<tr>
<td>Fitzpatrick type I - III</td>
<td>Fitzpatrick type &gt; III</td>
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<td><strong>Pre-peel solution</strong></td>
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<td><strong>GP 20% 1-2 wks later GP 20%, 1-2 wks later GP 50% GP 70% only after 6 wks of pigmentation cream use. Maintenance: GP 70% 2x wkly – 2 mthly according to patient skin and indication.</strong></td>
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<tr>
<td><strong>Cryo-Meso-Peel Dehydrated skin:</strong> <strong>GP + Collagen Sheet</strong> <strong>Oily skin:</strong> <strong>GP + Mask Cream</strong> <strong>Eye &amp; Lip Contour</strong></td>
<td><strong>Cryo-Meso-Peel</strong></td>
<td><strong>Cryo-Meso-Peel or GlyKopeel + Collagen Sheet &amp; Depigmenting facial</strong></td>
<td><strong>GlyKopeel + Extractions + Mask cream 30 min + Derma C</strong></td>
<td><strong>Mask cream nightly Derma C</strong></td>
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<tr>
<td><strong>Night Cream</strong></td>
<td><strong>Retinol</strong></td>
<td><strong>Collagen</strong></td>
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<td><strong>Sunblock care Pigmentation cream (post-inflammatory hyperpigmentation)</strong></td>
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<td><strong>Derma C</strong></td>
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<tr>
<td><strong>GlyKopeel + Scrubbing + GP + Mask Cream NCTF Gel + Cryolift!!</strong></td>
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<tr>
<td><strong>Home peel kit Prepeel solution dly Derma C, NCTF</strong></td>
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<td><strong>ALWAYS: Sunblock, Pigmentation cream &amp; Derma C.</strong></td>
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</tbody>
</table>

1st global anti-ageing peeling without social eviction
1. Detailed medical and dermatological history
Emphasis on excluding contra-indications to peeling, history of wound healing, scar formation and pigmentary problems, skin diseases or disorders, as well as ethnic background. Ensure patient has not used Isotretinoin in the past 6 months. Isotretinoin use will give a significantly deeper peeling effect on the skin with resultant complications. Isotretinoin also has an effect on the cells that repopulate the peeled skin surface.

CONTRA-INDICATIONS TO GLYCOLIC ACID PEELING :
- Facial herpes
- Retinoïds
- Skin allergies
- Pregnancy
- One week before peeling avoid: hair removal, electrolysis, retinoïds topics, all abrasive or irritative substances.
- Men should not shave within 24 hours before the peeling.

2. Photographs
### 3. Skin type classification: Fitzpatrick Skin Type

<table>
<thead>
<tr>
<th>Skin type</th>
<th>Typical Features</th>
<th>Tanning ability</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>Pale white skin, blue/hazel eyes, blond/red hair</td>
<td>Always burns, does not tan</td>
</tr>
<tr>
<td>II</td>
<td>Fair skin, blue eyes</td>
<td>Burns easily, tans poorly</td>
</tr>
<tr>
<td>III</td>
<td>Darker white skin</td>
<td>Tans after initial burn</td>
</tr>
<tr>
<td>IV</td>
<td>Light brown skin</td>
<td>Burns minimally, tans easily</td>
</tr>
<tr>
<td>V</td>
<td>Brown skin</td>
<td>Rarely burns, tans darkly easily</td>
</tr>
<tr>
<td>VI</td>
<td>Dark brown or black skin</td>
<td>Never burns, always tans darkly</td>
</tr>
</tbody>
</table>
The higher the type and the degree of pigmentation, the greater the risk of postinflammatory hyperpigmentation. However, persons who have minimal pigmentation or light skin can develop prolonged post-procedure erythema but are less likely to develop the pigmentary sequelae. Pretreatment regimens with bleaching agents commonly are employed; however, in a study by West and Alster they reported that these pretreatment regimens may not be necessary.

4. Skin aging classification:
Glogau developed the traditional rhytide/photoaging classification scheme that is used most often today.
Mild (age 28-35 years) - Little wrinkles, no keratosis, requires little or no makeup for coverage
Moderate (age 35-50 years) - Early wrinkling, sallow complexion with early actinic keratosis, requires little makeup
Advanced (age 50-60 years) - Persistent wrinkling, discoloration of the skin with telangiectasias and actinic keratosis, always wears makeup
Severe (age 65-70 years) - Severe wrinkling, photoaging, gravitational and dynamic forces affecting skin, actinic keratosis with or without cancer, wears makeup with poor coverage
Fitzpatrick reported an alternative classification system that is useful in assessing the degree of perioral and periorbital rhytidosis:

- **Class I** - Fine wrinkles
- **Class II** - Fine-to-moderately deep wrinkles and moderate number of wrinkle lines
- **Class III** - Fine-to-deep wrinkles, numerous wrinkle lines, and redundant folds possibly present

Fitzpatrick also correlated these 3 classes with the following scoring system and degree of elastosis:

- **Class I** (score 1-3) - Mild elastosis
- **Class II** (score 4-6) - Moderate elastosis
- **Class III** (score 7-9) - Severe elastosis

Mild elastosis is defined as fine textural changes with minimal skin lines. Moderate denotes a yellow discoloration of individual papules (papular elastosis). Severe describes marked confluent elastosis with thickened, multipapular, and yellowed skin.
5. Evaluation of facial skin pigmentation before any resurfacing procedure is vital. Amount of pigmentation can either be inherited ethnically or be acquired such as hormonal, sun induced, drug induced or Addison’s. A higher amount of pre-procedure pigmentation increases the risk for hypo- and hyper pigmentation after the procedure. Hormonal changes also complicate the prevention and treatment of pigmentation. Pregnancy is a contra-indication to peeling due to the unpredictability of pigmentation complications.


6. Informed Consent
1. Post peel instructions and leaflet to patient
2. Advice on home treatments
3. Book follow up appointment

**GLYKOPEEL® APPLICATION PROCEDURE**

The Glykopeel procedure requires 15 to 20 minutes

**REQUIRED ITEMS:**
- GlyKoPeel® Applicators
- Dosing goblet
- Compresses & cotton pads
- Small cotton-stems
- Kleenex or paper handkerchiefs
- Timer
- Water
- Vaseline

**PRODUCTS**

**Prepeel**
- GlyKoPeel®
- GlyKoPeel®
- Isotonic Mist ®
- Pigmentation Removal Cream
- Derma C®
- Sun Block Care SPF 30

**Peeling - Peeling Solution**

**Neutralizer**
1. Clean, Purify, Balance the pH

Cleanse the skin using the Filorga cleanser & toner. Carefully remove all makeup from the face.

Clean and purify the skin with this pH 4.5 solution using only non woven or cotton compresses.

In this way, we eliminate dead cells and sebum. Then, to harmonize the pH of the skin, apply the GlyKoPeel® Prepeel solution using the applicator to the whole face, the neck and the neckline. Massage lightly and leave until complete penetration of the product. The product should not be removed.

   Deep make-up removal
   Purify and lower the skin pH level down to pH 4,5
   Allow the skin to dry and the pH of the skin to stabilize.
   Remove dead cells and sebum
   Balance the pH by applying the solution with an applicator
   Leave the Prepeel on until complete penetration

Prepeel solution contains: Glycolic Acid, Kojic Acid, Lipoaminoacid, Camomilla, Hamamelis, Glycyrrhizic Acid

CAUTION BEFORE USE

Protect the sensitive areas (corners of the eye and mouth, lips, the angle between the nose and the nasogenila furrow, abrasions, etc) with a Vaseline type product.

Never apply the peeling solution on irritated areas and avoid contact with eyes and mucous membranes.
GLYKOEPEEL PROCEDURE

2. PEELING TREATMENT
Select the GlyKoPeel® solution:
70% MAX – pH 0.6
70% - pH 1.6
50% - pH 1.8
20% - pH 2

PEELING APPLICATION
Apply the solution uniformly using the applicator soaked with the product, starting on the most resistant areas: the forehead and nose, the region of the temples, the cheeks and the chin, the neck and neckline and the area around the mouth, and finish with the surroundings of the eyes.

Ensure application on the whole face, neck, ‘décolleté’ and on the top of the hands.

Avoid undesirable dribbles into the eyes and mouth. If the product comes into contact with the eyes, rinse abundantly with plenty of water.
Leave the product to act for 2 – 5 minutes
For the 1st session: carry out an application of 2 minutes
For the following sessions: Increase the time of action by 1 minute up to a maximum application time of 5 minutes.

A slight prickling sensation may appear when the peeling solution is first applied, but it will normally cease very quickly. If significant erythema appears before the end of the treatment time, neutralize immediately with the Neutralizing solution.
Be very careful and watch out for a skin reaction- milk like frosting and burning more.
3. NEUTRALIZING
At the end of the treatment time, neutralize the peeling solution with the GlyKoPeel® Neutraliser /Post-Peel - pH 8 – using well soaked compresses. The solution is intended to stop the action of the glycolic acid quickly. An initial stinging sensation is followed by a quick feeling of relief. We recommend at least 2 sets of 2 cotton wools saturated in Post-peel neutralizer.

Do 3 to 4 removals until full clearing of the itching and prickling sensations.

4. REBALANCE THE pH
Spray the face. Neck and neckline with the Isotonic Marine Mist® - pH 6,5 -to re-balance the pH of the skin. Cover the clients eyes with your hands with the initial spray, then remove your hands during the rest of the misting spray procedure.
Lightly massage the clients face to assist even spreading of the isotonic mist and improved penetration.

Contains: Purified sea water, Oligosalts from brown algas, Vegetal anti-inflammatory complex, Vegetal hydrating complex
Dry the skin by patting it with a paper handkerchief.
5. FINAL STEPS -1-
Use Derma C® instead of the pigmentation removal if no hyper-pigmentation problem exists. One can use both products also.

6. FINAL STEPS -2-
Apply the Pigmentation Removal Cream® by insisting on the pigmented areas. Massage it lightly to improve penetration.

7. FINAL STEPS -3-
Complete the treatment by applying Sun Block SPF 30® Protecting, Soothing, Hydrating
8. TREATMENT PROTOCOL
Space the GlyKoPeel® peeling treatments 5 to 7 days
4 to 6 sessions per treatment
A course twice a year

9. HOME TREATMENT
To maintain and prolong the effect of the peeling, it is advisable to follow up the treatment by proper home care.
MORNING AND EVENING:
At home we advise to start out the daily skin care routine with a careful make-up removal by means of Filorga cleanser and toner.
Clean, purify and hydrate the face with the GlyKoPeel® Prepeel solution
Spray the Isotonic Mist ® to calm down and remineralize the skin on the face, neck and neckline. Dry by patting with a paper handkerchief.

Apply Derma C ® to rejuvenate and detoxify the skin.
If necessary, a few minutes later, apply the Pigmentation Removal Cream® for at least 5 weeks
In the morning and before any sun exposure: apply the Sun Block Care SPF 30®

A course of 6 treatments is recommended, one every week, and 2 to 4 courses a year for anti-aging. Maintain once a month.